

OKLAHOMA

SEXUAL HEALTH RIGHTS FOR TEENS



TULSA EDITION

Age of Minority

- If you are under 18 years old, you are considered a minor. Lawmakers established this for your protection. We want you to be informed because being a minor affects your right to information and services.
- If you are an emancipated minor, pregnant minor, minor legally living apart from parents or guardians, or a minor who is married, you are considered an adult.

Condoms

- Wear a condom every time you have sexual intercourse to protect from HIV, STIs, and pregnancy.
- You can get condoms for free from any health center listed on the back of this brochure.
- Anyone can buy condoms from a pharmacy, grocery store, or online. A pack of twelve condoms costs about \$12.

Birth Control

- Health center staff can help you figure out which birth control method is best for you. As a teenager, you may also be eligible for FREE birth control and exams.
- At the health centers listed on the back, your parents' permission is not required and you don't need to submit their income when seeking financial assistance for family planning and reproductive health care.

Emergency Contraception

Emergency Contraception can be used after sex to stop a pregnancy before it starts and is most effective if taken within 72 hours of unprotected sex. Emergency Contraception (Plan B, Ella, etc.) can be found in the family planning aisle of all major retailers, including CVS, Walgreens, Rite Aid, Target, and Walmart. Most emergency contraception can be found at the pharmacy as well. No ID or prescription is needed. You can even purchase emergency contraception online!

Pregnancy Testing

- You can receive free pregnancy tests from any health center listed on the back.
- You can purchase a pregnancy test from a pharmacy, grocery store, or online. Note: you do not need a prescription to get a pregnancy test.

STI and HIV/AIDS Testing

Discussing your sexual health with trusted adults is always encouraged, but parental permission from your guardians is not required to get tested or treated for sexually transmitted infections (STIs) and human immunodeficiency virus (HIV, the virus that causes AIDS). Providers are not required by law to inform your parents. If you are concerned, always confirm with your provider that they will not share information with your guardians without your permission.

Confidentiality

- Confidentiality means privacy. If you are under the age of 18, you can receive confidential services at the health centers listed on the back, which means that health center staff will not tell your parents or guardians anything about the services you receive.
- Even though you do not have to ask your parents or guardians for permission, it is a good idea to talk with them or another trusted adult about the medical care you need. If you have any questions about confidentiality, please confirm with your provider when you make your appointment.
- It is your right to get sexual and reproductive health care where you feel safe and comfortable. Therefore, if you are a minor and have a situation where your parents can not be involved, it is very important for you to ask the following questions:
 1. Can I receive services at your office without my parents or guardians permission?
 2. Will my parents or guardians have access to my medical records?
 3. Will my parents or guardians receive a bill for my visit?

Age of Consent

- By law, a person cannot consent or agree to sex until they reach a specific age. This is called the "age of consent." In Oklahoma you cannot legally consent to sex until you turn 16 years old.
- This law is meant to protect minors from being manipulated or forced into sex with older people.

Additional Resources

Local Resources

- Amplify amplifytulsa.org
- H.O.P.E. HIV/AIDS Testing Clinic: **918.749.8378**
- Take Control Initiative takecontrolok.org **539.302.3615 (text/call)**
- Youth Services of Tulsa yst.org **918.582.0061 (24/7)**

24/7 National Resources

- AIDS Hotline **1.800.CDC.INFO**
- Domestic Violence Intervention Services (DVIS) Crisis Line: **918.7HELP.ME**
- LovelsRespect.org Text: **loveis to 22522** | Call: **1.866.331.9474** | TTY: **1.866.331.8453**
- Sexual Assault Hotline **1.800.656.4673**
- Suicide Prevention Lifeline **1.800.273.8255**

NEED TO GET HEALTH SERVICES?

Read the back for more information.



Teen-Friendly Health Centers in Tulsa

All visits to these health centers are confidential for teens. They also provide free or low-cost services including birth control, pregnancy testing, family planning counseling, and STI/HIV testing. When you call, ask for a "family planning appointment." Always confirm with your provider that your visit is confidential. **Appointments are always encouraged, but not mandatory during Teen Clinic hours.**

Tulsa Health Department

(918) 582-9355

Monday - Thursday: 8am – 4pm

Friday: 8am – 3pm

1. North Regional Health Center

5635 N. Martin Luther King Jr. Avenue

Tulsa, OK 74126

2. James Goodwin Health Center

5051 South 129th East Avenue

Tulsa, OK 74134

3. Central Regional Health Center

315 South Utica

Tulsa, OK 74104

Community Health Connection

(918) 622-0641

Monday - Friday: 8am – 6pm

1. Kendall-Whittier

2321 East 3rd Street

Tulsa, OK 74104

Saturday: 8am - 12pm

Teen Clinic: Thursday: 1:30pm – 6pm

2. Eastside

12020 East 31st Street

Tulsa, OK 74146

Teen Clinic: Tuesday: 1:30pm – 6pm



AMPLIFY
YOUTH HEALTH
COLLECTIVE

**TAKE
CONTROL** 
INITIATIVE

www.amplifytulsa.org

02/2020